

# Birkenhead North End Cycling Club

Founded 1901

<http://www.bnecc.co.uk>

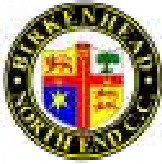
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## Go-Ride & club activity from 17th July 2015

17th July	7pm-9pm	Knowsley track league
18th July	9am	Under 12s skills & ride out, Bebington Oval
18th July	10am – 2pm	Juveniles ride Eureka café meet 9.45am
19th July	1pm-3pm	Knowsley velodrome childrens track taster
	3pm-4pm	Open session
20th July	6.15pm-7.30pm	Go Ride Grass Track Racing Beb Oval
22nd July	6pm – 7pm	Litherland circuit league
22nd July	6.30pm – 7.30pm	Marsh Tracks Summer Series
23 <sup>rd</sup> July	6pm-8pm	Hooton Go Kart Track PSW
24th July	7pm-9pm	Knowsley track league
25th July	9am	Under 12s skills & ride out, Bebington Oval
25th July	10am – 2pm	Juveniles ride Eureka café meet 9.45am
26th July	1pm-2pm	Knowsley track taster
	2pm-3pm	Women only
	3pm-4pm	Open session
27 <sup>th</sup> July	10am-1pm	Track coaching Manchester for group 2 and 3 cluster riders cost £15 book via <a href="https://www.britishcycling.org.uk/events/details/134464/Holiday-coaching-Track-Session--Intermediate-&amp;Advanced-Riders">https://www.britishcycling.org.uk/events/details/134464/Holiday-coaching-Track-Session--Intermediate-&amp;Advanced-Riders</a>
27 <sup>th</sup> July	10am-12.30pm	Knowsley Velodrome track & BMX coaching for novices and experienced riders. Day 1 £6
27th July	6.30pm-7.30pm	Riverview Rd, Bromborough training
28 <sup>th</sup> July	10am-12.30pm	Knowsley Velodrome track & BMX coaching for novices and experienced riders. Day 2 £6
29th July	6pm – 7pm	Litherland circuit league
29th July	6.30pm – 7.30pm	Marsh Tracks Summer Series
31st July	7pm-9pm	Knowsley track league
1 <sup>st</sup> Aug	9am	Under 12s skills & ride out, Bebington Oval
1 <sup>st</sup> Aug	10am – 2pm	Juveniles ride Eureka café meet 9.45am
2 <sup>nd</sup> Aug	1pm-2pm	Knowsley track taster
	2pm-3pm	Women only
	3pm-4pm	Open session
3 <sup>rd</sup> August	6.15pm-7.30pm	Go Ride Grass Track Racing Beb Oval
5 <sup>th</sup> August	6.30pm – 7.30pm	Marsh Tracks Summer Series
5th August	6pm – 7pm	Litherland circuit league
6 <sup>th</sup> August	6pm-8pm	Hooton Go Kart Track PSW
7 <sup>th</sup> August	7pm-9pm	Knowsley track league
8th August	9am	Under 12s skills & ride out, Bebington Oval
8th August	10am – 2pm	Juveniles ride Eureka café meet 9.45am
9th Aug	1pm-2pm	Knowsley track taster
	2pm-3pm	Women only
	3pm-4pm	Open session





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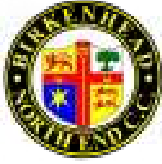
10th August	6.30pm-7.30pm	Riverview Rd, Bromborough training		
12nd August	6.30pm – 7.30pm	Marsh Tracks Summer Series		
12nd August	6pm – 7pm	Litherland circuit league		
14 <sup>th</sup> August	7pm-9pm	Knowsley track league		
15th August	9am	Under 12s skills & ride out, Bebington Oval		
15th August	10am – 2pm	Juveniles ride Eureka café meet 9.45am		
16th Aug	1pm-2pm	Knowsley track taster	2pm-3pm	Women only
	3pm-4pm	Open session		
17th August	6.15pm-7.30pm	Go Ride Grass Track Racing Beb Oval		
17 <sup>th</sup> August	10am-12.00pm	Knowsley Velodrome track & BMX coaching for novices and experienced riders. Day 1	£6	
17 <sup>th</sup> August	6.30pm-7.30pm	Riverview Rd, Bromborough training		
18 <sup>th</sup> August	10am-12.00pm	Knowsley Velodrome track & BMX coaching for novices and experienced riders. Day 2	£6	
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19th August	6.30pm – 7.30pm	Marsh Tracks Summer Series		
20 <sup>th</sup> August	6pm-8pm	Hooton Go Kart Track PSW???		
21 <sup>st</sup> Aug	10am-12pm	knowsley BMX coaching	£6	
21st August	7pm-9pm	Knowsley track league		
22nd August	9am	Under 12s skills & ride out, Bebington Oval		
22nd August	10am – 2pm	Juveniles ride Eureka café meet 9.45am		
23rd August	1pm-2pm	Knowsley track taster	2pm-3pm	Women only
	3pm-4pm	Open session		
24th August	6.30pm-7.30pm	Riverview Rd, Bromborough training		
26th August	6pm – 7pm	Litherland circuit league		
26th August	6.30pm – 7.30pm	Marsh Tracks Summer Series		
28st August	7pm-9pm	Knowsley track league		
29th August	9am	Under 12s skills & ride out, Bebington Oval		
29th August	10am – 2pm	Juveniles ride Eureka café meet 9.45am		
30th August	1pm-2pm	Knowsley track taster	2pm-3pm	Women only
	3pm-4pm	Open session		
31 <sup>st</sup> Aug	6.30pm-7.45pm	Riverview Rd, Bromborough training.		

The next cluster session at Manchester Velodrome is yet to be announced. It will cost £16 to selected Youth Section members, including bike hire charges. The numbers are limited and rotation of riders is possible. Contact Geoff on 07770 577784.

Oval Bikeability sessions continue. The skills are followed by a ride of with parents of about 2 hrs or less to Eastham Woods. Ring Gary on 07767 685027 for further information. Ring John Simpson 07773 692477 or myself re the Saturday Eureka ride.

Monday sessions continue with structured road training at Bromborough, Meet on Riverview Rd near the bottom of Plantation Rd. Alternate with the Oval races.





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The next event in our Summer grass track series will take place on Monday 20<sup>th</sup> July at the Oval. Sign on from 6.15 at the cricket club house at the Bebington Oval. Entry fee is £2, open to novice riders in particular.

The Port Sunlight Wheelers youth sessions continue at the Hooton Go Kart track off jctn 6 of the M53, This month on Thursday 23<sup>rd</sup> July, next month 3<sup>rd</sup> and 17<sup>th</sup> August, price £2 just turn up at 6pm. Check with the PSW FB page.

Geoff Brandt Youth coach 07770 577784

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