

Birkenhead North End Cycling Club

Founded 1901

<http://www.bnecc.co.uk>

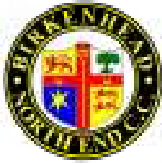
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Go-Ride & club activity from 1st August 2014

1 st August		NW Cyclo Cross Assoc registration opens See http://nwcca.org.uk/calendar/
1st August	6pm – 7pm	Knowsley Track free wheelers (novices)
1st August	7pm – 9pm	Knowsley Track League
2nd August	10am – 2pm	Juveniles ride Eureka café meet 9.45am
2nd August	9am – 11am	Under 12s skills & ride out, Bebington Oval
2 nd August	10am – 11am	BMX skills Knowsley
3rd August	10am – 12am	Velodrome skills Knowsley
4th August	6.30pm – 7.30pm	Structured training Bromborough
5 th August	7pm	Keith Boardman's 5ml tt Willaston Rd
6th August	6.30pm – 7.30pm	Marsh Tracks Summer Series
6th August	6pm – 7pm	Litherland circuit league
7th August	6pm – 8pm	Knowsley track RSR
8th August	6pm – 7pm	Knowsley Track free wheelers (novices)
8th August	7pm – 9pm	Knowsley Track League
9th August	9am – 11am	Under 12s skills & ride out, Bebington Oval
9th August	10am – 2pm	Juveniles ride Eureka café meet 9.45am
9th August	10am – 11am	BMX skills Knowsley
10th August	10am – 12am	Velodrome skills Knowsley
11th August	6.15pm-7.30pm	Go Ride Racing Beb Oval & prize presentation
12 th August	7pm	Keith Boardman's 5ml tt Willaston Rd
13th August	6.30pm – 7.30pm	Marsh Tracks Summer Series
13 th August	6pm – 7pm	Litherland circuit league
13th August	8pm – 9pm	Club meeting – Church Hall, Thornton Hough
14th August	6pm-7pm	PSW Eastham Go Kart Track
14th August	6pm – 8pm	Knowsley track RSR
15th August	6pm – 7pm	Knowsley Track free wheelers (novices)
15th August	7pm – 9pm	Knowsley Track League (final)
16th August	9am – 11am	Under 12s skills & ride out, Bebington Oval
16th August	10am – 2pm	Juveniles ride Eureka café meet 9.45am
16th August	10am – 11am	BMX skills Knowsley
17th August	10am – 12am	Velodrome skills Knowsley
18th August	6.30pm – 7.30pm	Structured training Bromborough
19 th August	7pm	Keith Boardman's 5ml tt Willaston Rd
20th August	6.30pm – 7.30pm	Marsh Tracks Summer Series
20th August	6pm – 7pm	Litherland circuit league
21st August	6pm – 8pm	Knowsley track RSR
22nd August	6pm – 7pm	Knowsley Track youth training
23rd August	9am – 11am	Under 12s skills & ride out, Bebington Oval
23rd August	10am – 2pm	Juveniles ride Eureka café meet 9.45am
23rd August	10am – 11am	BMX skills Knowsley





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24th August 10am – 12am Velodrome skills Knowsley

25th August 6.30pm – 7.30pm Structured training Bromborough

26th August 7pm Keith Boardman's 5ml tt Willaston Rd

27th August 6.30pm – 7.30pm Marsh Tracks Summer Series

27th August 6pm – 7pm Litherland circuit league

28st August 6pm – 8pm Knowsley track RSR

28th August 6pm-7pm PSW Eastham Go Kart Track

29th August 6pm – 7pm Knowsley Track youth training

30th August 9am – 11am Under 12s skills & ride out, Bebington Oval

30th August 10am – 2pm Juveniles ride Eureka café meet 9.45am

30th August 10am – 11am BMX skills Knowsley

31st August 10am – 12am Velodrome skills Knowsley

Open events run under British Cycling rules are shown on final page below.

For NW cyclo cross events see <http://nwcca.org.uk/calendar/>

The next cluster session at Manchester Velodrome on 12th October will cost £12 to selected Youth Section members, including bike hire charges. The numbers are limited and rotation of riders is possible. Contact Geoff on 07770 577784 or the Youth Section FB page. Following the cluster session is a club session from 3pm to 5pm free to youth members. Future event 23rd November I will be in Australia both times).

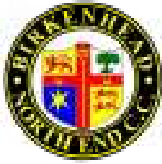
Knowsley track League will end in August but will be replaced by youth training sessions on the track under Barry Warriner.

Phil Ball, a BC coach, is running sessions for novices at Knowsley on Saturdays (BMX 10am - 12pm) and Sundays (track 10am - 12pm). Call him on 0161 274 2000 or 07712 324 801 or Philball@britishcycling.org.uk The Sunday session from 10 - 11 is for novices and accreditation, the 11 - 12 session is for women & girls only.

Oval Bikeability sessions will be followed by a ride with parents of about 2 hrs or less to Eastham Woods. Ring Gary on 07767 685027 for further information. Ring John Simpson 07773 692477 or myself re the Saturday Eureka ride. Gary is doing some Sunday rides, please speak to him direct.

Monday Go Ride grass track at the Oval alternate with structured road training at Bromborough, meet on Riverview Rd near the bottom of Plantation Rd at 6.30pm till 7.30pm.





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The final Go Ride event & prize presentation is on Monday 11th Aug. Sign on from 6.15 at the cricket club house at the Bebington Oval. Entry fee is £2, open to novice riders in particular. We are hoping to provide hot dogs while we sort out the awards.

The go Kart track at Eastham is available to juveniles on alternate Thursday evenings for coaching between 6pm and 7pm at a cost of £3 per rider. This is an initiative from the Port Sunlight Wheelers .

A Cycling "Hub" has opened in the Visitor Centre, Birkenhead Park available every Monday from 10am to 12noon. Information on local cycling opportunities, including women only rides, and bikes for disabled riders, is available for all levels of cyclist. See <https://www.facebook.com/pages/Wirral-Community-Cycle-Hubs/688831471149545?fref=ts>

Geoff Brandt
Youth coach
07770 577784

August

Date	Event Name	Region/Town/City	Event Type	Entered?	Bookmark
02 Aug	Go-Ride Tour: Chester Go-Ride Racing Series	North West	MTB XC		
02 Aug	CDNW Youth League - Round 5 - Tameside	North West	Closed Circuit		
06 Aug	Litherland Circuit Race League 18	North West	Closed Circuit		
10 Aug	Brenig Road Race (Cancelled)	Wales	Road		
11 Aug	BNECC Go Ride Grass Track League 8	North West	Cyclo-Cross		
13 Aug	Litherland Circuit Race League 19	North West	Closed Circuit		
16 Aug	CDNW Youth League - Round 6 - Palatine Circuit, Blackpool	North West	Closed Circuit		
20 Aug	Litherland Circuit Race League 20	North West	Closed Circuit		

