

Birkenhead North End Cycling Club

Founded 1901

<http://www.bnecc.co.uk>

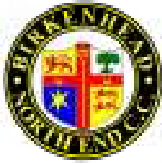
Sponsored by the BIKE FACTORY



Go-Ride & club activity from 1st July 2014

2 nd July	6pm – 7pm	Litherland circuit league
2nd July	6.30pm – 7.30pm	Marsh Tracks Summer Series
3rd July	6pm-7pm	PSW Eastham Go Kart Track
3 rd July	6pm – 8pm	Knowsley track RSR
4th July	6pm – 7pm	Knowsley Track free wheelers (novices)
4th July	7pm – 9pm	Knowsley Track League
5th July	10am – 2pm	Juveniles ride Eureka café meet 9.45am
5 th July	9am – 11am	Under 12s skills & ride out, Bebington Oval
5th July	10am – 11am	BMX skills Knowsley
6 th July	10am – 12am	Velodrome skills Knowsley
7th July	6.30pm – 7.30pm	Structured training Bromborough
9th July	6.30pm – 7.30pm	Marsh Tracks Summer Series
9 ^h July	6pm – 7pm	Litherland circuit league
9th July	8pm – 9pm	Club meeting – Church Hall, Thornton Hough
10th July	6pm – 8pm	Knowsley track RSR
11th July	6pm – 7pm	Knowsley Track free wheelers (novices)
11th July	7pm – 9pm	Knowsley Track League
12th July	9am – 11am	Under 12s skills & ride out, Bebington Oval
12th July	10am – 2pm	Juveniles ride Eureka café meet 9.45am
12th July	10am – 11am	BMX skills Knowsley
12 th July	11am – 2pm	West Kirby Velo Festival
13th July	10am – 12am	Velodrome skills Knowsley
14th July	6.15pm-7.30pm	Go Ride Grass Track Racing Beb Oval
16th July	6.30pm – 7.30pm	Marsh Tracks Summer Series
16 th July	6pm – 7pm	Litherland circuit league
17th July	6pm-7pm	PSW Eastham Go Kart Track
17th July	6pm – 8pm	Knowsley track RSR
18th July	6pm – 7pm	Knowsley Track free wheelers (novices)
18th July	7pm – 9pm	Knowsley Track League
19th July	9am – 11am	Under 12s skills & ride out, Bebington Oval
19th July	10am – 2pm	Juveniles ride Eureka café meet 9.45am
19th July	10am – 11am	BMX skills Knowsley
20th July	10am – 12am	Velodrome skills Knowsley
20 th July	12pm – 3pm	Cluster session Manchester velodrome.
21st July	6.30pm – 7.30pm	Structured training Bromborough
23rd July	6.30pm – 7.30pm	Marsh Tracks Summer Series
23rd July	6pm – 7pm	Litherland circuit league
24th July	6pm – 8pm	Knowsley track RSR
25th July	6pm – 7pm	Knowsley Track free wheelers (novices)
25th July	7pm – 9pm	Knowsley Track League





Birkenhead North End Cycling Club

Founded 1901

<http://www.bnecc.co.uk>

Sponsored by the BIKE FACTORY



26th July	9am – 11am	Under 12s skills & ride out, Bebington Oval
26 th July	10am – 2pm	Juveniles ride Eureka café meet 9.45am
26th July	10am – 11am	BMX skills Knowsley
27th July	10am – 12am	Velodrome skills Knowsley

28th July	6.15pm-7.30pm	Go Ride Grass Track Racing Beb Oval
30th July	6.30pm – 7.30pm	Marsh Tracks Summer Series
30th July	6pm – 7pm	Litherland circuit league
31st July	6pm – 8pm	Knowsley track RSR

Open events run under British Cycling rules are shown on a separate sheet.

The next cluster session at Manchester Velodrome on 20th July will cost £12 to selected Youth Section members, including bike hire charges. The numbers are limited and rotation of riders is possible. Contact Geoff on 07770 577784. Future events will be on 12th October and 23rd November (when I will be in Australia both times).

Knowsley track League started earlier this year, preceded by an hours track training for novices, using road bikes for the first couple of weeks, run by Barry Warriner.

Phil Ball, a BC coach, is running sessions for novices at Knowsley on Saturdays and Sundays. Call him on 0161 274 2000 or 07712 324 801 or Philball@britishcycling.org.uk The Sunday session from 10 - 11 is for novices and accreditation, the 11 - 12 session is for women & girls only.

Oval Bikeability sessions have started again. The skills will be followed by a ride with parents of about 2 hrs or less to Eastham Woods. Ring Gary on 07767 685027 for further information. Ring John Simpson 07773 692477 or myself re the Saturday Eureka ride. Gary is doing some Sunday rides, please speak to him direct.

Monday Go Ride grass track at the Oval alternate with structured road training at Bromborough, meet on Riverview Rd near the bottom of Plantation Rd at 6.30pm till 7.30pm.

The next event in the Summer Grass Track series will take place on Monday 14th July. Sign on from 6.15 at the cricket club house at the Bebington Oval. Entry fee is £2, open to novice riders in particular.

From 3rd July the go Kart track at Eastham are available to juveniles on alternate Thursday evenings for coaching between 6pm and 7pm at a cost of £3 per rider. This is an initiative from the Port Sunlight Wheelers .





Birkenhead North End Cycling Club

Founded 1901

<http://www.bnecc.co.uk>

Sponsored by the BIKE FACTORY



A Cycling "Hub" has opened in the Visitor Centre, Birkenhead Park available every Monday from 10am to 12noon. Information on local cycling opportunities, including women only rides, and bikes for disabled riders, is available for all levels of cyclist. See

<https://www.facebook.com/pages/Wirral-Community-Cycle-Hubs/688831471149545?fref=ts>

Geoff Brandt
Youth coach
07770 577784

