



Birkenhead North End Cycling Club

Founded 1901

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BIRKENHEAD NORTH END CYCLING CLUB CLUB RULES 2013

CONSTITUTION

1 That the Club be called the Birkenhead North End Cycling Club. The purposes of the Club are to promote the amateur sport of cycling in Wirral, community participation in the same, and the social welfare of its members. (KEY RULE Revised AGM 2009)

2 That the officers of the Club shall consist of President, Vice Presidents, Chairman, Vice Chairman, Captain, Vice Captains, Time Keepers, Handicappers, Treasurer, General Secretary, Time Trialing Secretary, Road Racing Secretary, Clubroom Secretary, Circular Writer, Two Auditors and Delegates to the Associations to which the club is affiliated at the Annual General Meeting.

No member shall be elected to the office of President for more than three consecutive years. A member shall revert to their former status after presidential term of office.

3 That all nominations for the Presidency or any alteration or addition to these rules must be sent to the Secretary clearly specifying the nature of such alteration desired not later than 21 days before the Annual General Meeting – or as per Rule 7.

4 That any officer other than President or Vice President **absenting themselves** from three consecutive meetings shall have their position declared void unless a satisfactory reason be forthcoming.

5 That the Annual General Meeting be held to receive the reports of the Hon Secretary, Hon Treasurer, Racing Secretary, Clubroom Secretary and Captain, to transact any other competent business in addition to receiving the Balance Sheet for the past year. The entrance fee and subscription rates shall be reviewed and amended as appropriate, for all categories of membership. Seven to constitute a quorum.

6 That a **General Meeting** be held on the second Wednesday of each month to deal with the specific work, applications for membership, resignations from membership, decide the meaning of these rules and adjudicate upon any matter not covered by them. Four to form a quorum.

7 That the **Hon Secretary** or any other three members may call a special General Meeting provided that 14 clear days notice is given to all members. This notice is to indicate the purpose of the Special Meeting. Seven shall constitute a quorum.

8 That any member **violating any Club rules**, or found guilty of misconduct, shall be dealt with by a meeting of members: - which meeting the member in question may attend to offer any explanation they may desire to make and the meeting shall, if necessary, recommend that they be expelled and any member so expelled shall forfeit all claim upon the funds or property of the Club.

9 That the **Club colours** shall be red, yellow & black in order of predominance. Club members riding in events under the Club name shall ride only in these colours (revised 2002 AGM).

10 That the **Sponsorship Committee** comprise. The Chairman, Secretary and Treasurer together with others elected at the AGM. A quorum shall consist of four members of the Committee and should include at least one of the Chairman, Secretary or Treasurer.

Duties of the Sponsorship Committee shall include:-

i) Examination of and where agreed payment of claims submitted for basic expenses incurred by members taking part in National Championship, Star Trophy and Peter Fryer events. Claims for other non-specified events may be accepted at the discretion of the Committee.

[Note: Generally, these expenses are limited to Entry Fees plus 50% of the travelling costs although this can be varied at the discretion of the Committee. Exceptionally



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large claims will be submitted to the monthly meeting]

ii) Making recommendations to the monthly meetings about any other payments, which should be made.

iii) To liaise with the Sponsor's representative and to discuss ways in which we can mutually promote our interests.

iv) To elect from their members a representative or representatives to liaise with the Sponsor/Sponsors.

v) To investigate, when appropriate, new forms of Sponsorship.

A report shall be made to the monthly meeting, which will state how much has been paid in expenses without disclosing the names of the claimants.

All authorised claims to be retained by the Treasurer.

MEMBERSHIP

11a Membership of the Club shall be open to anyone interested in the sport on application, regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs. However, limitation of membership according to available facilities is possible on a non-discretionary basis.

11b The Club shall set different classes of membership and subscription on a non-discriminatory and fair basis. Subscriptions shall be set a level that will not pose a significant obstacle to people participating.

11c The Club officers may recommend refusal of membership, or removal of it only for good cause, such as conduct likely to bring the Club or the sport into disrepute. Appeal against refusal or removal may be made to the members at a general meeting (11a to 11c are KEY RULES agreed AGM 2009).

11d That a person wishing to join the Club shall submit an application form and be proposed and seconded by full members (viz. 12

months membership). On payment of the appropriate entrance fee they will then be eligible for election at a General Monthly Meeting. If elected they will be entitled to their badge and a hard copy of these rules if required, plus a list of normal club activity, to be collected at the club meeting when their application is lodged. Any person over the age of 16 wishing to apply for membership is to attend when their application is submitted and leave the room whilst it is discussed. Failure to do so will result in the application being rejected. In exceptional circumstances the proposer and seconder together can represent the applicant. (Amended at SGM 2012).

11e All existing members wishing to renew their annual membership shall complete a Renewal Form giving current contact details, plus any health information relevant to cycling eg Asthma, angina or allergies etc. (Added at SGM 2012).

12 That the **categories of membership** shall be: - Full members, Junior members under 18 years of age, Juvenile members under 16 years of age. Associate members, Second Claim members and members over 65 years of age.

13 **An Associate member** shall have full rights of membership except participation in Club time trials and more than 4 Club runs per year and should not be a member of another cycling Club in the area covered by the LTTCA and WCTTCA boundaries. Associate members can become full members upon application as in Rule 11d (revised 2003 AGM).

14 That no person may gain **Second Claim membership** to the Club unless their first claim club is outside the RTTC Liverpool DC area, nor shall any person having resigned from the Club be eligible for second claim membership whilst domiciled in the Liverpool DC area. A Second Claim member shall not be eligible for Club awards, prizes or trophies.

15 That **the President, Vice President and Life Members** shall not be liable for annual subscription.



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- 16a Any person aged 17yrs and over wishing to **apply for membership** must first attend four runs accepted by the meeting as “club runs”. They must then submit an application for membership in conformity with Rule 11d.
- 16b Any person aged 16 yrs and under, wishing to apply for membership to the Youth Section must complete four BNECC youth coaching sessions. They must then submit an application for membership in conformity with rule 11d.
- 16c Any child who has joined the Youth Section and wishes to ride with the main club, must complete appropriate Group Riding and Bikeability training (National Standard level 3).
- 16d Any child (minimum age 13) wishing to ride with the main club will need to ask a coach to contact the relevant road captain or vice captain to confirm that the child has completed the required level of training (Agreed at 2009 AGM).
- 17 That an **independent third party insurance cover** be provided for Club members acting in charge of club activities. (rev Mar 05).
- 18 That any member wishing to **resign** from the Club must send written notice to the Hon Secretary not later than the 1st February otherwise they will be accounted liable for subscription. Club subscriptions are due on January 1st each year. Subscriptions unpaid by March monthly meeting will deem those memberships to have lapsed.
- CLUB ACTIVITY**
- 19 That no member shall be allowed to compete in any Open or Club Races unless their subscriptions are fully paid.
- 20 That no member shall be allowed to compete in an event not recognised by the Club.
- 21 That no member shall be awarded more than one prize in any one Club event.
- 22 That the entry fees for all Club events shall be determined at the Annual General Meeting and that entry fees be paid with the handing in of entry forms for all Club events.
- 23 That **the Captain** (or in his absence the Vice Captain) has entire charge of all Club runs.
- 24 That **the organisers** of open time trials and road races shall co-opt a committee of not less than three members. They shall meet at a frequency of not less than once a month for a period of not less than three months prior to the event. The organiser shall report progress of the event organisation to the Club monthly meeting.
- 25 That all members are expected to assist in Club **marshalling duties**. A Marshalling rota shall be published in February each year listing members’ allocated duties throughout the year. It is the Member’s responsibility to carry out that duty or to obtain suitable cover. The Rota Steward to be advised of any such changes.
- 26 That the last date for qualifying for all **Club Championships** be 30th September in each year. All claims to be submitted to the TT secretary by 15th October in the current year. The onus for claiming is on the individual.
- 27 That all **Club trophies** be for perpetual competition and that all Club Championships to receive for first a silver gilt medal, second – silver medal, third – bronze medal.
- 28a That the **Club Best All Rounder** Time Trial Championship to be decided by the fastest average, aggregate mph over 25, 50, 100 miles and 12 hrs plus the aggregate of the averages and then the average of both results.
- 28b The **Ladies Best All Rounder** Time Trial Championship shall be decided by the fastest average, aggregate mph over 10, 25 & 50 mile Time Trials, plus the aggregate of the averages and then the average of both results.
- 29 That the Club **Time Trial Championships** shall be decided by the fastest average aggregate mph of times recorded at 25



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- miles, 50 miles and 100 miles on courses in areas D, J and L.
- 30 That the **Club Veteran Championship** shall be open to members aged 40 years and over, and shall be decided by the best aggregate based on VTTA age standard scale on courses in DJ and L areas at 25 and 50 miles.
- 31 That the **Club Junior Time Trial Championships** shall be open to members under the age of 18 years, to be decided by the aggregate of averages in any Club 25 mile and 10 mile event.
- 32 That the **Club Juvenile Time Trial Championship** shall be open to members under the age of 16 years to be decided by the fastest average aggregate of four best times in the series of Juvenile 10 mile events.
- 33 That the **Club 25 mile Time Trial Champion** to be the winner of the Lumsden 25, the Club 50 mile Champion to be the winner of the Johnson 50, the Club 100 mile champion to be the winner of the Walker 100 and the Club Junior 25 mile Time Trial Champion to be the fastest member under 18 years of age in the Lumsden 25.
- 34 **The 25 and 50 mile Handicap point trophies** to be awarded on points down to fifth place, 2 points per place on handicap times. Qualifying events to be all club 25-mile time trials, (except the Consolation 25) the Chester RC 50, the WCTTCA 50 and the LTTCA 50.
- 35 That the **Harold Waring Trophy** shall be presented annually to the fastest novice in the Mersey RC "24" or if none, in the L & WCTTCA 12 hour or if none in the Shropshire Association 100.
- 36 The Ladies, Veterans (over 40), Senior (over 18) and Junior/Juvenile (18 & under) **Road Race Championships** be decided on points gained in recognised events by the following system: -
- 36a **Points for Veterans:**
- For LVRC and TLI events points shall be awarded for Age Groups on the basis of 3:2:1: in age groups when race is of mixed groups. When the race is for one group only eg., 40 – 44 years the normal points would apply i.e., 6 down to 1. When the race is of mixed groups for riders who finish in the first 6 of the race overall normal points rule applies but category points will also be awarded in addition.
All claims for points shall be supported by a result sheet.
- 36b **Points for Ladies events: -**
National Series and National Champs:-
Points for 1st 10 places
All other events:-
Points for 1st 6 places
- Note: Equal place points after the first three are not eligible.
All claims for points shall be supported by a result sheet.
- 36c **Points for Seniors**
British Cycling events:- points as awarded by BC towards their national & regional rankings.
TLI events:- points shall be awarded to riders who begin the race with the senior age group, on a 6 through 1 basis for the first 6 places.
All claims shall be supported by a result sheet.
- 36d **Points for Juniors and Juveniles**
British Cycling events:- points as awarded by BC towards their national & regional rankings.
TLI events:- points shall be awarded on a 6 through 1 basis for the first 6 places in their age group.
All claims shall be supported by a result sheet (Clause 36 revised AGM 2009).
- 37 a) That the club **Track League Championship** shall be decided on the most points gained in the local track league. Points gained in "A" class events shall be worth double, whilst points gained in "B" class, junior, schoolboys or ladies events shall be face value only. The winner of the



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- Championship shall hold the James Cycle Cup for one year.
- b) The **Club Track Champion** shall be decided on the most points gained in national and international championship events as follows: Worlds & Euros 1st, 2nd, 3rd shall earn 9, 6, & 3pts respectively, Nationals 6, 4, & 2pts respectively, LVRC & TLI 3, 2, & 1pt respectively.
- 38 That the Club shall have power to inaugurate **place-to-place records** as it deems fit.
- 39 That before any attempts on Club place to place records are made an application in writing to the Club monthly meeting be submitted giving full details and a list of Club members/officials agreeing to take part. The monthly meeting is empowered to refuse or endorse the application.
- 40 That any member making a new record at any approved distance be awarded a medal appropriately inscribed. In the event of two or more members breaking the record on the same day those members other than the medal winner receive a suitable certificate.
- Club Funds and Property**
- 41a Any surplus monies from any Club activity or promotion shall be placed in the Club general fund.
- 41b The property and funds of the Club cannot be used for the private benefit of members other than as reasonably allowed by the Rules.
- 41c The Club may provide sporting and related social facilities, coaching, courses, insurance cover, medical treatment, event expenses, post event refreshments, and other ordinary benefits of Community Amateur Sports Clubs as provided for in the Community Finance Act 2002.
- 41d The Club may also in connection with the sports purposes of the Club:-
i) sell and supply food, drink and related sports clothing and equipment.
ii) employ members (though not for riding) and remunerate them for providing goods and services, on fair terms set by the Club without the person concerned being present.
- iii) pay for reasonable hospitality for visiting teams and guests.
iv) indemnify the Officers and members acting properly in the course of the running of the club against any liability incurred in the running of the club (but only to the extent of its assets).
- Winding up the Club**
- 41e The members may vote to wind up the Club if not less than $\frac{3}{4}$ of those present and voting support that proposal at a properly convened general meeting
- 41f The Officers shall then be responsible for the orderly winding up of the Club's affairs.
- 41g After settling all liabilities of the Club, the Officers shall dispose of the assets remaining to one or more of the following:-
i) to another club with similar sports purposes which is a charity and/or
ii) to another Club with similar sports purposes which is a registered CASC and/or
iii) to the club's national governing body for use by them for related community sports.
(41b – 41g are KEY RULES agreed at AGM 2009)
- 42 That the BC Secretary, BC Road Race Organisers, practising BC Coaches and BC officials acting on behalf of the Club may have their **BC Membership** paid from Club funds. (Amended at SGM 2012).
- 43 The **club circulars** will be issued by email, and a number will be deposited at the Eureka café as and when available. Members wishing to receive copies of the Newsletter by post shall provide 3no SAEs when they rejoin. (Amended at SGM 2012).
- 44 Where there is conflict between any of the above KEY RULES and any other club rule, the KEY RULES shall take priority. Interpretation of all Rules must be consistent with the statutory requirements for CASCs (which means Community Amateur Sports Clubs as first provided for under the Finance Act 2002). (KEY RULE agreed at AGM 2009).
- 45 Club Records** at date of publication are as follows:-
24 hours Don Spragget 471.88mls July 1968



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12 hours Dave Allan 266.8mls 1969

Senior 100mls Don Hacking 3-58-30 1992

Senior 50mls Dave Lloyd 1-45-38 1980

Senior 30mls Mike Garner 1-04-24 2013

Senior 25mls Guy Sylvester 51-12 1986

Senior 10mls Andy Walsh 20-04 2006

Junior 50mls Robin Bagot 1-55-28 1986

Junior 30mls Guy Sylvester 1-8-31 1985

Junior 25mls Guy Sylvester 51-49 1985

Junior 10mls Guy Sylvester 20-52 1985

Juvenile 50mls Clive Sylvester 2-9-19 1986

Juvenile 30mls Robin Bagot 1-16-11 1986

Juvenile 25mls Mark Baker 57-39 1996

Juvenile 10mls S Cummings 21-37 1997

Ladies 100mls Vicky Stinton 4-15-04 2011

Ladies 50mls Vicky Stinton 2-00-00 2011

Ladies 30mls Vicky Stinton 1-13-39 2013

Ladies 25mls Vicky Stinton 58-19 2012

Ladies 10mls Rachel Heal 23-18 1999

Team 12hrs 759.23mls 1965

GP Hughes 258.50, Alan Ashworth 256.04,

Don Spragget 244.69

Team 100mls 12-14-21 1969

D Allan 3-59-04, D Johnson 4-01-51,

D Spragget 4-13-26

Team 50mls 5-36-48 2013

M Garner 1-49-39, Brad Smith 1-51-15

M Donnelly 1-55-54

Team 25mls 2-41-38 2011

Andy Walsh 52-11; B Smith 54-01;

P Davies 55-26

Team 30mls 3-25-32 2013

M Garner 1-04-24; M Donnelly 1-07-29

V Stinton 1-13-39

Team 10mls 1-4-19 2011

A Walsh 21-08; Jeff Vernon 21-30;

M Garner 21-41

46

Place to Place Records

Birkenhead - Shrewsbury & back

D Davies 4-47-43 1975

Birkenhead – Barmouth & back

C Walmsley 8-03-52 1971

Birkenhead – Hereford & back

DG Spragget 11-07-35 1965

47 Tandem Records

50mls EC Hills & M Banyard

1-55-16 1960

48 Tricycle Records

All held by Brian berry, sadly killed in a road accident:-

25mls 1-08-23 1963

50mls 217-24 1964

100mls 4-49-16 1964

12hrs 207.331mls 1963

24hrs 362.06mls 1964



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Club AGM December 1987:-

Rule 28 (subsequently rule 29) to read "The Club Time Trial Championship is decided by the fastest average aggregate mph of times recorded at 25mls, 50mls, and 100mls on courses in the areas D, J and L"

Club AGM December 1988:-

New **rule 41** (subsequently rule 42) "That the BC Secretary, BC Road Race Organisers and BC officials acting on behalf of the Club may have their **BC Membership** paid from Club funds".

Club AGM December 1989: -

Rule 24 (subsequently rule 25) to read:-
"All members are expected to assist in Club **marshalling duties**. A Marshalling Rota shall be published in February each year listing members' allocated duties throughout the year. It is the Member's responsibility to carry out that duty or to obtain suitable cover. The Rota Steward to be advised of any such changes."

Standard times were set for Ladies records, subsequently scrapped at the Feb EGM to accept Lisa Boardman's times as official club records (26-47; 1-10-27, and 2-26-41).

Club EGM Feb 1990:-

Rule 27 (subsequently rule 28) to read "The Ladies Best All Rounder Time Trial Championship to be decided by the fastest average, aggregate mph over 10, 25 & 50 mile time trials, plus the aggregate of the averages and then the average of both results."

Rule 35 was amended to show how senior, veterans, junior & ladies road race champs shall be decided.

Rule 14 (subsequently rule 16) amended to require new members to attend at least 4 club runs.

Club AGM December 1990:-

Rule 43 was added as follows "The **monthly circulars** will usually be available, for collection, at

the Clubroom on the first Thursday of each month. Anyone wishing to have their circulars posted to them will pay a charge of £2 per year for this service. (Exceptions to this charge will be at the discretion of the Chairman, Secretary and Treasurer).

Club AGM December 1991:-

No amendments.

Club AGM December 1994: -

"That a BCF Track Secretary should be appointed to deal with all relevant aspects and correspondence".

Club AGM December 1995: -

I have no records

Club AGM December 1996: -

I have no records

Club AGM December 1997: -

I have no records

Club AGM December 1998: -

No rule changes.

Club AGM December 1999: -

No rule changes.

Club AGM December 2000: -

No rule changes.

Club AGM December 2001: -

"Due to increasing insurance costs, the Club membership fees for all categories shall be increased by that additional amount".

Club AGM December 2002: -

Rule 9 to read:- "That **the Club colours** shall be red, yellow & black in order of predominance. Club members riding in events under the Club name shall ride only in these colours."

Club EGM March 2005: -

Rule 17 to read:- "That an **independent third party insurance cover** be provided for Club members acting in charge of club activities.

Club AGM December 2008: -

Rule 16 amended to define membership for those aged 17+, 16+ and 13+.

Club AGM December 2009: -

Key Rules added to comply with GoRide requirements for community clubs.



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Club SGM March 2012: -

Rules 11e, 11d, 42 & 43 added/amended to improve communication, aid integration, reward unpaid BC coaches & recognise current practise.

Club AGM Dec 2012:-

Rule 37 amended to differentiate between the Club Track League Champion, and the Club Track Champion.